



Celebrating 22 Years of Excellence

Hosted by Adam Kinowski

Since 2001, we have been inspiring athletes to achieve greater success mentally and physically. Let's "Kick It Up a Notch" for a fun week packed with punches, drills, and thrills! This camp is an exciting opportunity for new students to experience Taekwondo and for existing athletes to achieve their next belt level while preparing for an electrifying demonstration.



**Where
will your future
take you?**

The Camp

The Camp will be AJK's twenty second year of hosting a Taekwondo and leadership development program at Carden Hall. Our Taekwondo camp is much more than kicking and punching. We teach students the values and morals necessary to be the best they can be in life, developing qualities such as self-control, focus, respect, integrity, and stamina.

The week-long session will focus on Taekwondo skills, nurturing such attributes as beauty, grace, rhythm, accuracy, power, technique, and attitude. There will be a tournament, promotion exam, and a choreographed TKD demonstration at the end of the week.

The camp includes Taekwondo instruction, board breaking, tournament, medals, and certificates.

Age: 5 and up

When: July 27 – 31

Time: 8 a.m. to 4 p.m.
(Half-days and full-days are available.)

Where: Carden Hall campus
1541 Monrovia Avenue, Newport Beach, CA 92663

What To Bring

Please provide a drink, snack, or lunch (full-day or afternoon session only). Since most activities are outdoors, it is important to send your child with sunscreen and a cap.

Related Information

For more information regarding our summer camp or upcoming school-year program, email kkrewe@icloud.com or call (949) 394-0410. You can also follow us on Instagram at AJKSTKD.

“Where will your future take you?”

www.AJKTKD.com