



AJK Monthly E-newsletter

October 2026

“What do you use to mend a jack-o-lantern? A pumpkin patch.”

-Unknown

Athlete Development

Welcome to AJKTKD! We are honored and excited to have your child join our Taekwondo community.

Our goal is to guide students on their journey toward black belt excellence by teaching confidence-building self-defense techniques while instilling core values such as self-control, focus, respect, integrity, and stamina. Each week, we focus on one of the six principles of becoming a black belt: modesty, courtesy, integrity, self-control, perseverance, and indomitable spirit. These principles, along with our student creeds, help cultivate growth in both mind and body. Thank you for letting us be a part of your child's journey.

Your young athletes are doing a wonderful job in class. To recognize their progress, we award belt stripes for achievements in both character and curriculum:

- **Orange Stripe:** Positive behavior and character development
- **Red Stripe:** Mastery of poomse (form/pattern)
- **Yellow Stripe:** Knowledge and technique in kicking
- **Green Stripe:** Understanding of kyorugi (sparring)
- **Blue Stripe:** Appreciation and skill in hapkido (art of coordinated power)

As the AJK Dragons, we strive to represent strength, peace, wisdom, and justice together.

Mark Your Calendars

- **Halloween Freaky Fun Friday:** Join us on Friday, October 9th, from 3:00 PM to 4:45 PM at Carden Hall for ghoulish games and spooky prizes. Costumes are not required.
- **Black Belt Ceremony & Training:** On Friday, October 16th, from 3:00 PM to 4:45 PM, we will host a special training class and Kukkiwon ceremony for our newly promoted Black Belts.
- **Class Schedules:** Please check our Google Calendar for current BBC and AT classes.
- **Promotion Exams:** Our first promotion exams are scheduled for October 19, 20, and 22 during regular practice time (3:30 PM to 4:45 PM). Parents are encouraged to attend.

As a reminder, we practice traditional Korean belt colors: white, yellow, advanced yellow, green, advanced green, blue, advanced blue, red, advanced red, brown, advanced brown, and black.

News and Updates

Click [here](#) for pro-shop orders.

Click [here](#) for uniform requirements.

Click [here](#) for curriculum overview.

Find us on Facebook at AJK's Martial Arts and Fitness Center, Inc. and Instagram @ajkstkd .



**Where
will your future
take you?**